

# 2018-2019 TTC Catalog

## SFT 101 Introduction to Exercise Physiology

Lec: 3.0 Lab: 0 Credit: 3.0

This course is a study of the concepts of exercise physiology and motor control.

### **Prerequisite**

BIO 112

### **Course Offered**

Fall

### **Grade Type**

Letter Grade

### **Division**

Health Sciences